iBrain: Guiding Children and Teens to Success in the Digital Age
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The Digital Revolution is wiring this generation’s brains differently. Children and teens routinely multi-task, play on-line video games, create their own YouTube videos, text their friends, hang out on social networking sites and surf the Internet. Dr. David Walsh will explain how technology is changing the ways that young people live, learn, and socialize. More importantly he will identify the three major strategies to assure that they maximize the digital benefits while avoiding the risks. This workshop will answer important questions like:

- Are children and youth really good multi-taskers?
- How can we teach children to concentrate in a culture of chronic partial attention?
- Is cyberaddiction real? What are the signs and symptoms and what can parents do?
- How can we teach kids to use technology to connect rather than disconnect?
- Is the time youth spend online affecting their real world social skills?
- What are healthy boundaries and parameters around technology use? How can parents use Love and Logic strategies to foster “digital discipline?”
- What are the three pillars for digital success and how can we make sure our children and teens develop them?

Register online at www.lcsc.org, click on workshops.