

## 21st Century Child and Youth Development: The Science and Art of Helping Kids Thrive

David Walsh, Ph.D.

January 16, 2017

9:00 a.m. – 3:00 p.m.

Lakes Country Service Cooperative  
1001 E. Mount Faith, Fergus Falls, MN

Full-day workshop for  
professionals and parents

\$125

FREE parent night!  
iBrain: Guiding Children  
and Teens to Success in the  
Digital Age

January 16, 2017

6:00 – 8:00 p.m.

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Fergus Falls, MN 56537



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Country  
Service  
Cooperative

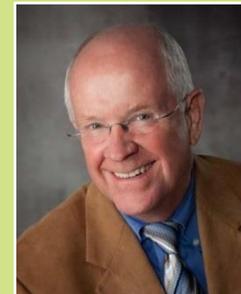
## iBrain: Guiding Children and Teens to Success in the Digital Age

David Walsh, Ph.D.

The Digital Revolution is wiring this generation's brains differently. Children and teens routinely multi-task, play on-line video games, create their own YouTube videos, text their friends, hang out on social networking sites and surf the Internet. Dr. David Walsh will explain how technology is changing the ways that young people live, learn, and socialize. More importantly he will identify the three major strategies to assure that they maximize the digital benefits while avoiding the risks. This workshop will answer important questions like:

- Are children and youth really good multi-taskers?
- How can we teach children to concentrate in a culture of chronic partial attention?
- Is cyberaddiction real? What are the signs and symptoms and what can parents do?
- How can we teach kids to use technology to connect rather than disconnect?
- Is the time youth spend online affecting their real world social skills?
- What are healthy boundaries and parameters around technology use? How can parents use Love and Logic strategies to foster "digital discipline?"
- What are the three pillars for digital success and how can we make sure our children and teens develop them?

Register online at [www.lcsc.org](http://www.lcsc.org), click on workshops



David Walsh, Ph.D.

David Walsh, Ph.D., is an award-winning psychologist, best-selling author and international speaker. In 1995, he founded the internationally renowned National Institute on Media and the Family, which he led until 2010. In 2011, he founded Mind Positive Parenting to translate cutting-edge brain science to everyday practice for parents, teachers and other professionals.

Walsh has written 10 books, including the national best sellers *Why Do They Act That Way? A Survival Guide to the Adolescent Brain for You and Your Teen* and *No: Why Kids – of All Ages – Need to Hear It and Ways Parents Can Say It*. His books have been translated into eight languages. He also has authored scores of papers for professional and general publications. His newest book is *Smart Parenting, Smarter Kids*.

He has been a frequent guest on national radio and television programs, including NBC's "Today Show," "Good Morning America," "The CBS Early Show," "The News Hour with Jim Lehrer," "Dateline NBC," ABC's "20/20," National Public Radio's "All Things Considered" and "Morning Edition." He has testified numerous times before Congress, presented workshops throughout the world, and served as a consultant to the World Health Organization and the Ministries of Education in Japan, South Korea, Portugal and Singapore.

He received his B.A. degree from Mt. Carmel College, his M.A. degree from the University of St. Thomas in St. Paul and his Ph.D. in educational psychology from the University of Minnesota.

He and his wife, Monica, have three adult children and seven grandchildren.